



# MASSAGENVY

How many glasses of water do you drink per day?

How often do you exercise?

What types \_\_\_\_\_

## Waiver of liability

I \_\_\_\_\_ (client) understand that massage is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion and improve circulation. I understand that massage therapy is not a substitute for medical treatment or medications.

I am aware that the massage therapist does not diagnose illness or disease, does not prescribe medications and that spinal manipulations are not a part of massage therapy.

I have informed the massage therapist of all my known physical, medical conditions and medications and I will keep the massage therapist updated on any changes.

Signature \_\_\_\_\_

## Cancelation and no show policy

In the event you are unable to keep your scheduled appointment with us, please contact us by phone at least 24 hours prior to your appointment. If you do not reach us, please leave a message on our voicemail system.

If you do not show up for your scheduled appointment with us and you have not notified us at least 24 hours in advance, you will be charged the full cost of the treatment as booked.

Signature \_\_\_\_\_